



## **Shepherds Well Cricket Club**

### **Changing Room and Showering Policy 2023**

- Adults must not shower at the same time using the same facility as children (i.e children refers to anyone under 18 years old).
- Adults should try to change at separate times to children during matches, for example when children are padding up.
- If adults and children need to share a changing facility, the club must have consent from parents that their child(ren) can share a changing room with adults in the club.
- If children play for adult teams, they and their parents, must be informed of the club's policy on changing arrangements.
- Mixed gender teams must have access to separate male and female changing rooms.
- Mobile phones must not be used in changing rooms.
- If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so. Instead suggest they change and shower at home.